

Coaching Tryout Information

The Coaching Tryout will be mandatory for anyone wishing to coach WTJ. There will be no exceptions. The tryout will consist of several components. First, you will need to complete the Coaching Application in which you will turn in once you arrive at the tryout. Secondly, everyone needs to come prepared with two drills, one offensive drill and one defensive drill. You will need to have it written out on a cue card or sheet of paper as if you were conducting a practice. We will have volleyball players available to take direction from you and run the drills that you have prepared. The practice format that you prepared will be turned in after you have demonstrated your drills. There are several things that we will be looking for. Here are a few:

1. Ease in transition between drills—little down time.
2. Proper feedback to the girls as they are performing the drill
3. Good communication so the drill can get started promptly

We are NOT looking at the difficulty of the drill as every age group and level obviously would not be able to play at the same level. The girls that will be running the drills will be of high school age (most varsity level) so do not concern yourself with whether or not they will be able to do your drills. I cannot emphasize enough that the drill itself does not have to be over the top, we are merely looking at how you are conducting yourself and the girls to obtain the goal of the drill. On the other hand you need to conduct a drill that is showcasing your coaching ability. You do not want to do a drill where you do not have a lot of coaching to do. Consider what you want to do and if you have any questions please feel free to email me at VolleyGirlAmber@aol.com or call me at (432) 528-6509.

After everyone has run their drills, you will be given a very short mini-test on the basic rules of volleyball. Every coach needs to know the rules in order to coach the game. After you have completed the test, you will be free to go.

This is the first year that we have conducted a tryout and are hoping that this will aid in us getting to know you as a coach and also allow you to see others in action. The best way to learn is to watch others to gain new fresh ideas and also learn from those with experience. The West Texas Juniors Board will then go over your resume, mini-test, drill demonstration, etc... These will aid in how we collectively pick our head coaches and assistant coaches.

We may or may not have assistant coaches for every team. It will be depending on several factors one of which being we want to have quality assistant coaches. Keep in mind that being an assistant coach is not to undermine anyone's coaching ability, but instead to give an opportunity to work and learn with someone else. The pay for the head coaching position will be \$ 800.00 and the assistant coaches will be \$ 400.00. If you do not get offered a head coaching position that does not mean that you would not be eligible the next season and the same goes with head coaches. We are trying to move towards having the best players on our teams with the best coaches and this may vary from year to year depending. Every position however is important as we are striving to develop these players and increase the level of volleyball in this area. We appreciate your interest in coaching and hope to see you at the tryouts!!

***West Texas Juniors Club Volleyball Board**

Things to bring to the tryout:

1. Resume
2. Coaching Application
3. Practice Format with Drills

I would show up a little early in order to introduce yourself to the other coach's and also to get all your paper work turned in